



TECHNICALLY SPEAKING, INC.

A woman-owned business

# MAXIMIZING YOUR POTENTIAL

Thriving as Your Authentic Self in Today's Workplace

# Over, Under, Around, and Through

How Hall of Famers Surmount Obstacles



Jill S. Tietjen, PE & Elinor Miller Greenberg, EdD

## OVERVIEW

*What does it take to maximize your potential? Thrive as your authentic self in today's workplace? Have a high level of job and personal satisfaction?*

If you're looking to create your best life in a meaningful and authentic way, this workshop is for you! Through group exercises, breakout sessions, paired activities, individual activities, and live Q&A, Maximizing Your Potential will provide each attendee with actionable skills in their toolbox. Based on research and analysis of the skills that successful people put into practice to overcome the obstacles in their lives, attendees will learn from others in the workshop – building a real-time network – as well as through powerful stories in Jill Tietjen's book *Over, Under, Around, and Through: How Hall of Famers Surmount Obstacles*.

## IN THIS WORKSHOP

### PARTICIPANTS WILL LEARN TO:

- break old habits and make new ones
- enhance emotional intelligence
- improve resilience
- increase optimism
- build a powerful professional network
- expand your sense of humor
- develop strategies to improve mental health and wellness

*By the end of the workshop, attendees will have the tools to build their own concrete plans to achieve high levels of productivity and job satisfaction to thrive in today's workplace.*

## AT A GLANCE

### LOGISTICS

This half-day workshop can be conducted at a venue most conducive to your talent development: on-site, off-site, at retreats/advances, conferences, expos, and conventions.

### PRICING

\$100/person | \$5,000 min | 100 people max  
More than 100—let's talk.

- Travel and material expenses reimbursed at cost.
- Organization to purchase a discounted copy of the book for each attendee. Jill will facilitate discounted purchase through the publisher.
- PDHs available for attendees.



## JILL TIETJEN

Author  
International Speaker  
Electrical Engineer

*Over, Under, Around, and Through: How Hall of Famers Surmount Obstacles*, her latest award-winning book was published in 2022. Jill earned her engineering B.S. at the University of Virginia and MBA at the University of North Carolina at Charlotte. She has been inducted into the Colorado Women's Hall of Fame, the Colorado Authors' Hall of Fame, and the National Academy of Construction.

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